



Cedarbrake  
CATHOLIC RETREAT CENTER

## Aug. 19–21: The Three movements of Spiritual Growth



Diocese of Austin

Back by popular demand, Fr. Gilberto Cavazos-González, OFM returns to Cedarbrake to present a contemporary understanding of St. Bonaventure's Triple Way. For hundreds of years, Christian writers spoke of drawing closer to God through purgation, illumination, and union. In this retreat, we will explore this triple movement of Christian discipleship and its implications for those who follow Saints Francis and Clare of Assisi.

Fr. Gilberto is a Friar Minor with a doctorate in spirituality from the Pontifical University Antonianum (Rome). A former-pastor and youth evangelizer in San Antonio, TX, Fr. Gilberto taught spirituality studies for over 15 years at the Catholic Theological Union (CTU in Chicago)) and is a full professor of spirituality. He was the Director of Technology Teaching to the Antonianum and Treasurer and director of the online formation program of the Pontifical Academy of Mary International (PAMI). He is returning to CTU this Fall as a full-time professor of spirituality.

Fr. Gilberto has preached many retreats and parish missions and has spoken at academic conferences in the United States, Mexico, Europe and South America. He has written several books on Christian, Latin and Franciscan spirituality. He is currently writing a book on the Marian Spirituality of Sor Juana de la Cruz Vasquez Gutierrez, Spanish Franciscan sister who was a mystic, a preacher to royalty, prelates, nuns and her parishioners in the early 1500s. The cost is \$270 for a private room and \$230 for a shared room; all meals included.

**Call Cedarbrake to register at 254-780-2436 or visit  
[cedarbrake.org](http://cedarbrake.org)**